Advising Honors Students in Your Major:  
A Recommended 4-Year Sequence

**FRESHMAN YEAR**  
*a three-class sequence*

- Fall: Honors 101 *(required; 4 units)*
- January: Honors 102 *(highly recommended: two options – the Galapagos and an on-campus class)*
- Spring: Honors 103 *(required; 4 units)*

**SOPHOMORE YEAR**  
*event-based & INTD seminars*

- Fall: Honors 370 (1 unit; colloquium course; *required twice*)
- Jan: Honors 371, College Connection (1 unit CS course)
- Spring: Honors 300-level seminar (4 unit courses, shifting topics)

**JUNIOR YEAR**  
*event-based & INTD seminars*

- Fall: Honors 300-level seminar
- Fall and/or Spring: Honors 370
- Jan: Honors 371, College Connection
- Jan or Spring: Honors 300-level seminar

**SENIOR YEAR**  
*capstone*

- Honors 499: Senior Project (2 units; *required*)

**Additional Information** *(questions: please email Sean Bernard (sbernard@laverne.edu))*

- Incoming freshman are required to take HONR 101 and 103 (and most take 102)
- Students ultimately need *28 units* in HONR to be Honors Graduates
- *Most* students need 2 or 3 300-level HONR seminars; transfers may need as many as 6
- If chosen wisely, HONR courses should help students complete most all GEs